

# Skegby Junior Academy P.E Curriculum Journey 2021-22

## Intent

### Rationale:

A high-quality physical education curriculum linked to our whole school values (SMART Values and 5R's) promoting health and well-being and personal and social development. It will inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. It will provide opportunities for pupils to become physically competent and confident in a way which supports their health and fitness and raise awareness of different sports and the opportunities and careers it can provide.

### Aims:

- To ensure children develop fundamental movement skills that they can apply across all sports and in life.
- To ensure children are physically active for sustained periods of time.
- To provide children with opportunities to practise and apply skills across a wide range of individual and team-based activities.
- Engage in competitive sport.
- To lead healthy and active lives and to extend this in real life skills (Forest School).
- To expose children to less traditional sports and give them pathways into this.

### PE Curriculum Journey across KS2

Pupils will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They will have the opportunity to communicate, collaborate and compete with each other. They will develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

# Implementation

PE is delivered by Class Teachers. Our PE sessions are indoor and outdoor. They focus on mastering basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination. These will be done in isolation and combination which will be applied throughout different sports. Pupils are encouraged to participate in team games and to develop simple tactics for being an effective team member. We also visit other facilities including the local swimming pool. Swimming takes place in a nine-week block at the end of the academic year; Years 3 to 5 swim once a week for nine weeks. Year 6 are assessed and all children who have not met the required standard take part in *top up* swimming during a nine-week block throughout the year.

We ensure that children have an opportunity to apply their skills to real-life settings such as Forest School and OAA. We also give children opportunity to apply their skills with participation of competitions within the community by involvement in interschool sports tournaments, local authority and Trust based competitions.

PE Programmes of Study:

<https://www.gov.uk/government/publications/national-curriculum-in-england-physical-education-programmes-of-study>