



# SKEGBY JUNIOR ACADEMY

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Chicken Tikka Masala, 1/2 Steamed Vegetable Rice & 1/2 Naan Bread	Pasta in a Minced Beef Bolognese Sauce, Crusty Bread, Mixed Salad	Roast Turkey with Stuffing, Roast Potatoes, Cabbage, Carrots & Gravy	Sausage Roll, Creamed Potatoes and Garden Peas	Cod Fish Fingers, Jacket Wedges, Baked Beans
<b>(V)</b> Quorn Tikka Masala, 1/2 Steamed Vegetable Rice & 1/2 Naan Bread	<b>(V)</b> Pasta with Bolognese Sauce, Crusty Bread, Mixed Salad	<b>(V)</b> Roast Quorn Fillet with Stuffing, Roast Potatoes, Cabbage, Carrots & Gravy	<b>(V)</b> Vegetarian Sausage Roll, Creamed Potatoes and Garden Peas	<b>(V)</b> Vegetable Fingers, Jacket Wedges and Baked Beans
Jacket Potato with Cheese <b>(V)</b>	Jacket Potato with Tuna Mayonnaise or Baked Beans	Jacket Potato with Chicken Mayonnaise	Jacket Potato Coleslaw or Baked Beans <b>(V)</b>	Jacket Potato with Cheese <b>(V)</b>
<b>Sandwich Selection</b>				
(Choose from cheese, ham, turkey, tuna mayonnaise, chicken mayonnaise & jam)				
<b>Dessert Choice</b> Summer Fruit Muffins	<b>Dessert Choice</b> Chocolate Cake with Chocolate Frosting	<b>Dessert Choice</b> Banana Sponge & Custard	<b>Dessert Choice</b> Apple Flapjack	<b>Dessert Choice</b> Carrot Cake with Vanilla Frosting
<b>A selection of yoghurt, fresh fruit and bread is available on a daily basis.</b>				

*Greenwood Academies Trust understands that there are different types of vegetarian diet  
Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet*