



SKEGBY JUNIOR ACADEMY

Principal: Mrs P Marples

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Year 5 Swimming - Summer Term 2019

Dear Parents/Carers,

Our Year 5 swimming programme begins on **Monday 8th July**. We will go swimming every morning for the following two weeks (last day on Friday 19th July). We will be leaving school 10.30am and returning at 12.15am.

Girls must wear a full **swimming costume** (no bikinis please) and must have **long hair tied back off their face**. **Their costumes must be plain** and not have any 'accessories' attached, e.g. tutus.

Boys must wear **swimming trunks** or **close fitting swimming shorts (without pockets) that are above the knee** - the instructors at Lammas are very strict about this and will not allow boys to swim with baggy shorts or shorts below the knee.

Children who need inhalers **must** bring them. Swimming and the humid pool environment may lead to a child needing to use their inhaler. As part of our risk assessment, if a child does not bring their inhaler they will not be allowed to go.

All children will need a **towel**. We recommend that the children do not wear goggles, but if your child needs them for a medical reason, we will need written consent from you for the instructors at the baths to make a decision if they can be worn.

Children will also need a **small snack** to have before we go swimming as will miss the school break time. There will not be snacks available to order from school during these two weeks of swimming.

CAN YOU HELP? Due to the number of children swimming, we are looking for adult volunteers to come with us to support the children:adult ratio that we need. If you are available every morning for the two weeks (8th July-19th July) and are willing to help, please specify on the letter attached. Thank you ☺

Please complete the form on the next page and return it to school as soon as possible.

Name of child: _____

Please can you tick a box below to describe your child's swimming ability:

- My child has not been swimming before.
- My child uses a swimming aid (float) to swim.
- My child has little swimming experience (on holiday).
- My child has had swimming lessons before.
- My child is a very experienced swimmer (they have achieved 25m or above).

Any other information regarding swimming ability (including what certificates they have achieved):

Can you help us?

_____ (name of adult) can help support each session of swimming from the 8th July-19th July.

If you or your child has any concerns or questions about the swimming programme, please contact me.

Many thanks,

Mrs Boyle and Mrs Carlin