



SKEGBY JUNIOR ACADEMY

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Chicken & Whole-Wheat Pasta with Tomato & Pesto Sauce, Mixed Salad & Garlic Bread	Pork Meatballs in Tomato & Basil Sauce with Steamed Vegetable Rice	Roast Turkey with Stuffing, Roast Potatoes, Broccoli, Carrots & Turkey Gravy	Meat/Fish Pizza Selection, Mixed Salad & Coleslaw OR Baked Beans	Cod Fish Fingers, Jacket Wedges & Garden Peas
(V) Whole-Wheat Pasta with Tomato & Pesto Sauce, Mixed Salad & Garlic Bread	(V) Quorn Meatballs in Tomato & Basil Sauce with Steamed Vegetable Rice	(V) Roast Quorn Fillet with Stuffing, Roast Potatoes, Broccoli, Carrots & Vegetarian Gravy	(V) Vegetarian Pizza Selection, Mixed Salad & Coleslaw OR Baked Beans	(V) Vegetable Fingers, Jacket Wedges & Garden Peas
Jacket Potato with Cheese (V)	Jacket Potato with Tuna Mayonnaise OR Baked Beans	Jacket Potato with Chicken Mayonnaise	Jacket Potato with Coleslaw OR Baked Beans (V)	Jacket Potato with Cheese (V)
Sandwich Selection				
(Choose from cheese, ham, turkey, tuna mayonnaise, chicken mayonnaise & jam)				
Dessert Choice Marble Sponge & Custard	Dessert Choice Caramel Tart with Cream	Dessert Choice Apple Crumble & Custard	Dessert Choice Strawberry Shortbread	Dessert Choice Ice Cream Roll
A selection of yoghurt, fresh fruit and bread is available on a daily basis.				

*Greenwood Academies Trust understands that there are different types of vegetarian diet
Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet*