

Summer Menu					
Cycle 1 Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Lunch Option					
Main Meat	Mild Chicken Curry with ½ Steamed Vegetable Rice & ½ Naan Bread	Minced Beef Lasagne with Crusty Bread & Mixed Salad	Roast Gammon with Mashed Potatoes, Carrots & Gravy	Beef Burger with Jacket Wedges & Baked Beans	Fish Cake with Diced Potatoes, Garden Peas & Sweetcorn
Main Vegetarian	Sweet Potato & Chickpea Curry with ½ Steamed Vegetable Rice & ½ Naan Bread	Vegetarian Mince Lasagne with Crusty Bread & Mixed Salad	Vegan Quorn Sausage with Mashed Potatoes, Carrots & Gravy	Cheese & Onion Quiche with Jacket Wedges & Baked Beans	Vegetable & Tomato Pasta Bake with Diced Potatoes, Garden Peas & Sweetcorn
Sandwich 1	Tuna Mayonnaise with Side Salad	Ham with Side Salad	Chicken with Side Salad	Tuna with Side Salad	Ham with Side Salad
Sandwich 2	Cheese with Side Salad	Egg Mayonnaise with Side Salad	Cheese with Side Salad	Dairylea with Side Salad	Cheese with Side Salad
Jacket Potato & Filling	Cheese	Baked Beans	Tuna Mayonnaise	Cheese	Cheese & Baked Beans
Bread with no added fat or oil will be available every day.					
Dessert Option					
Dessert	Frozen Yoghurt	Jam Sponge with Custard	Summer Fruit Muffin	Apple Flapjack & Chocolate Flavoured Milk	Banana Sponge and Custard
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins

Summer Menu					
Cycle 1 Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Lunch Option					
Main Meat	Breaded Chicken Goujon Wrap with Corn on the Cob & Mixed Salad	Pork & Potato Pie with Mashed Potatoes, Broccoli, Cauliflower, Carrots & Gravy	Roast Chicken with Roast Potatoes, Carrots, Green Beans & Gravy	Beef Meatballs & Tomato Pasta with Garlic Bread & Salad	Fish Fillet Fingers with Jacket Wedges & Garden Peas
Main Vegetarian	Vegetable Nugget Wrap with Corn on the Cob & Mixed Salad	Creamy Vegetable Slice with Mashed Potatoes Broccoli, Cauliflower, Carrots & Gravy	Vegan Quorn Fillet with Roast Potatoes, Carrots, Green Beans & Gravy	Tomato, Basil, and Lentil Pasta with Garlic Bread & Salad	Fishless Fingers with Jacket Wedges & Garden Peas
Sandwich 1	Tuna Mayonnaise with Side Salad	Ham with Side Salad	Chicken with Side Salad	Tuna with Side Salad	Ham with Side Salad
Sandwich 2	Cheese with Side Salad	Egg Mayonnaise with Side Salad	Cheese with Side Salad	Dairyless with Side Salad	Cheese with Side Salad
Jacket Potato & Filling	Cheese	Baked Beans	Tuna Mayonnaise	Cheese	Cheese & Baked Beans
Bread with no added fat or oil will be available every day.					
Dessert Option					
Dessert	Raspberry & Vanilla Ice Cream Roll	Apple Crumble with Cream	Peach Shortbread	Chocolate Sponge with Chocolate Sauce	Lemon Cupcakes
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins

Summer Menu					
Cycle 1 Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Lunch Option					
Main Meat	Chicken Burger in a Bun, with Diced Potatoes and Mixed Salad	Ham and Cheese Pizza with Jacket Wedges & Baked Beans	Roast Pork with Roast Potatoes, Stuffing, Carrots, Green Beans & Gravy	Minced Beef Bolognese with Pasta Shapes & Garlic Bread	Bubble Fish, with Mashed Potato & Garden Peas
Main Vegetarian	Vegetarian Burger in a Bun, with Diced Potatoes and Mixed Salad	Cheese and Tomato Pizza with Jacket Wedges & Baked Beans	Vegetarian Sausages with Roast Potatoes, Carrots, Green Beans & Gravy	Vegan Mince Bolognese with Pasta Shapes & Garlic Bread	Quorn Southern Fried Nuggets with Mashed Potato & Garden Peas
Sandwich 1	Tuna Mayonnaise with Side Salad	Ham with Side Salad	Chicken with Side Salad	Tuna with Side Salad	Ham with Side Salad
Sandwich 2	Cheese with Side Salad	Egg Mayonnaise with Side Salad	Cheese with Side Salad	Dairyless with Side Salad	Cheese with Side Salad
Jacket Potato & Filling	Cheese	Baked Beans	Tuna Mayonnaise	Cheese	Cheese & Baked Beans
Bread with no added fat or oil will be available every day.					
Dessert Option					
Dessert	Blueberry Muffin	Carrot Cake	Cherry Cookie	Vanilla Sponge with Custard	Orange Jelly
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins