



# SKEGBY JUNIOR ACADEMY

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Sausages, Creamed Potatoes & Baked Beans or Vegetables	Pork Meatballs with Wholegrain Vegetable Rice & Garlic Bread	Roast Beef, Yorkshire Pudding, Roast Potatoes, Carrots, Cabbage & Gravy	Un-Breaded Turkey Burger in a Bun, Mixed Salad & Coleslaw	Cod Fish Fingers, Homemade Potato Wedges & Garden Peas
(V) Pasta in a Creamy Tomato Vegetable Sauce, Crusty Bread & Mixed Salad	(V) Quorn Curry with Wholegrain Vegetable Steamed Rice & Garlic Bread	(V) Vegetable Cottage Pie, Carrots, Cabbage & Gravy	(V) Macaroni Cheese, Crusty Bread, Mixed Salad & Coleslaw	(V) Quorn Dippers, Homemade Potato Wedges & Garden Peas
Jacket Potato with Cheese (V)	Jacket Potato with Tuna Mayonnaise or Baked Beans(V)	Jacket Potato with Chicken Mayonnaise	Jacket Potato with Coleslaw (V)	Jacket Potato with Cheese (V)
<b>Sandwich Selection</b> (Choose from cheese, ham, turkey, tuna mayonnaise, chicken mayonnaise & jam)				
<b>Dessert Choice</b> Syrup Sponge	<b>Dessert Choice</b> Apple Cream with Cream	<b>Dessert Choice</b> Chocolate Crunch	<b>Dessert Choice</b> Black Cherry Sponge with Chocolate Sauce	<b>Dessert Choice</b> Caramel Tart
<b>A selection of yoghurt, fresh fruit and bread is available on a daily basis.</b>				

*Greenwood Academies Trust understands that there are different types of vegetarian diet  
Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet*