

Dear Parents/Carers,

Our Year 4 swimming programme begins on **Monday 16<sup>th</sup> April (the first day back after the Easter holidays)**. We will then go swimming on 23<sup>rd</sup> April, 30<sup>th</sup> April, 14<sup>th</sup> May, 21<sup>st</sup> May, 4<sup>th</sup> June, 11<sup>th</sup> June, 18<sup>th</sup> June, 25<sup>th</sup> June and the last session will be on the 2<sup>nd</sup> July.

Children will leave school at 10:00 and swim between 10:30 and 11:15, returning to school by 11:45.

Girls must wear a full **swimming costume** (no bikinis please) and must have **long hair tied back off their face**.

Boys must wear swimming trunks or <u>close fitting</u> swimming shorts that are above the **knee** - the instructors at the baths are very strict about this and <u>will not</u> allow boys to swim with baggy shorts or shorts over the knee.

Children who need inhalers <u>must</u> bring them. Swimming and the humid pool environment may lead to a child needing to use their inhaler. As part of our risk assessment, if a child does not bring their inhaler they will not be allowed to go.

All children will need **a towel**. <u>We recommend that the children do not wear goggles, but</u> if your child needs them for a medical reason, we will need **written consent** from you for the instructors at the baths to make a decision if they can be worn. Children will also need a **small snack** for when we return to school, as they are always hungry and we will miss the school break time.

Please fill in the consent form below for your child to go swimming. If you or your child have any concerns or questions about the swimming programme, please contact me or the class teacher. Many thanks.

Miss Nagelsztajn

I give my consent for my child (name): Skegby Junior Academy Y4 swimming programme.	to go swimming with
My child uses an inhaler: yes/no	
Signed:	(Parent/Carer)