



SKEGBY JUNIOR ACADEMY

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Mini Beef & Vegetable Pasty, Creamed Potatoes, Garden Peas & Gravy	Lamb Hotpot, Crusty Bread, Country Vegetable Mix & Gravy	Minced Beef Lasagne, Garlic Bread & Mixed Salad	Chicken Breast in Sweet & Sour Sauce with Savoury Wholegrain Rice	Breaded Cod, Creamed Potato, Baked Beans or Mixed Salad
(V) Vegetable Pasty, Creamed Potatoes, Garden Peas & Gravy	(V) Vegetarian Hotpot, Crusty Bread, Country Vegetable Mix & Gravy	(V) Vegetable Lasagne, Garlic Bread & Mixed Salad	(V) Quorn Fillet in Sweet & Sour Sauce with Savoury Wholegrain Rice	(V) Pasta Twists in Tomato & Basil Sauce, Garlic Bread & Mixed Salad
Jacket Potato with Cheese (V)	Jacket Potato with Tuna Mayonnaise or Baked Beans	Jacket Potato with Chicken Mayonnaise	Jacket Potato with Coleslaw or Baked Beans (V)	Jacket Potato with Cheese (V)
Sandwich Selection (Choose from cheese, ham, turkey, tuna mayonnaise, chicken mayonnaise & jam)				
Dessert Choice Fruit Pots	Dessert Choice Chocolate Sponge & Chocolate	Dessert Choice Cheesecake with Fruit Topping	Dessert Choice Ice Cream Roll	Dessert Choice Bakewell Tart
A selection of yoghurt, fresh fruit and bread is available on a daily basis.				

*Greenwood Academies Trust understands that there are different types of vegetarian diet
Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet*